



Olympic skier Jimmie Heuga will inspire you in this story of one man's battle to live with a chronic disease.

Through his own emotional and physical fight, he pioneered a philosophy of care for people living with multiple sclerosis.

This amazing tribute shows first-hand the indomitable spirit of the man and those whose lives he transformed on his journey to save himself.



CAN DO

THE LEGACY OF JIMMIE HEUGA

PRESENTED BY MONTEZUMA BASIN PRODUCTIONS AND WEST POST DIGITAL

EXECUTIVE PRODUCERS THE ROY A. HUNT FOUNDATION AND TOD AND MARY CAROLINE HUNT
DAVID H. KOCH CHARITABLE FOUNDATION, JIMMIE HEUGA CENTER ENDOWMENT, JEANNE ANDLINGER AND KENNY FIELDS
PRODUCER MIKE MAROLT, JENNIFER MACFARLANE AND KENNY FIELDS DIRECTED BY MIKE MAROLT
WRITTEN BY MIKE MAROLT AND JENNIFER MACFARLANE EDITED BY JENNIFER MACFARLANE
MUSIC BY RICHARD HOROWITZ POST PRODUCTION SERVICES BY WEST POST DIGITAL DP MIKE MAROLT



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Film Overview

Olympian Jimmie Heuga will inspire you with the story of one man's fight to save himself from a chronic disease by pioneering a philosophy of care for people living with multiple sclerosis. This world class athlete uses the skills he acquired as an elite skier to manage his symptoms and permanently impact the methods for treating people with MS. By example, this story of life transformation is testament to the impact each individual can have in the world today.

Film Storyline

Jimmie Heuga's talent for downhill skiing was evident as a youth growing up in Squaw Valley, CA. As the youngest member of the men's Olympic ski team, Jimmie, and teammate Billy Kidd, became the first American men to medal in alpine skiing. Jimmie was a fierce competitor and trained tirelessly to achieve excellence in his sport.



Olympic Medalists, 1964 Winter Olympics, Innsbruck, Austria – Jimmie Heuga, Pepi Stiegler, Billy Kidd



Jimmie as a young racer. He joined the US Olympic team at age 15



SI cover shot – America's first Olympic medalists for Men's Alpine Skiing – Silver Medalist Billy Kidd, Bronze Medalist Jimmie Heuga

In 1970, Jimmie Heuga was diagnosed with multiple sclerosis. Using his experience in athletic training to combat the physical and emotional effects of his disease was in direct conflict with traditional medical advice of the time. Jimmie pioneered a methodology of exercise and nutrition as a basis for treating his illness. He focused on what each person 'can do'.



Jimmie biking after diagnosis - a physical challenge of balance and strength



Jimmie with CAN DO® Program participants



Jimmie shares his vision and philosophy of lifestyle empowerment with CAN DO® Program participants

Jimmie's drive to fight the effects of MS led to a breakthrough in lifestyle empowerment programs for people living with the disease. Despite continued physical limitations, Jimmie's positive outlook motivated him to do what he loved, regardless of *what cards he had been dealt*.

The unique programs developed by The Heuga Center for MS have transformed the lives of hundreds of people and their support partners living with the chronic disease of multiple sclerosis.



Billy Kidd with Jimmie at Jimmie Heuga Snow Express for MS ski event – friends for a life-time



Mike Miltner (Milty) helps Jimmie ski - exhibiting that Can Do spirit he is famous for

Film Specifications

Completed	November 2011
Country	United States
Shooting Format	New Footage, HDV 1080i 29.97. Archival footage in various formats – Beta SP, ¼ inch and VHS
Screening Format	HD Cam 1080i 29.97 (59.94) 1920 x 1080
Running Time	34:09
Genre	Documentary
Language	English
Ratio	Full Frame 16 x 9 (1.77), side cropped photo shots, 4 x 3 archival footage
Sound	Stereo

About the Film Maker

MIKE MAROLT

In May 2000, after a childhood growing up in Aspen and climbing and skiing in Colorado's Elk Mountains, twins Mike and Steve Marolt climbed and skied the central peak of Tibet's Shishapangma. This marked the first time a person from the Western Hemisphere climbed and skied from 8000 meters (26,000 feet).



Mike Marolt

Since that time, Mike and Steve have become the only Americans to do this multiple times, preceded by just four other people in the world.

Mike's ski heritage starts four generations ago when his family arrived in Aspen Valley. Beginning as simple miners and barkeeps, the family became ranchers and eventually world class skiers. Mike's father, Max Marolt, joined the US Olympic team in 1954 and skied in the Squaw Valley Winter Olympics in 1960. Max's career in the ski industry spanned 60 years, and he and his brother Bill have both been inducted into the Colorado Ski Hall of Fame.



Mike Marolt and twin brother Steve

Mike's passion as a ski mountaineer has been complemented by a professional career as a CPA, and a second career as an independent filmmaker. Mike has produced six adventure documentary films, including *SKIING EVEREST*, which won the Ski Channel's Best Adventure Film of the Year in 2010, and has premiered all over the country, most recently on ESPN.

Mike's latest film marks another of his passions; honoring the life and legacy of his friend Jimmie Heuga. This new film is a documentary on Jimmie's life and his impact in the world.

Can Do: The Legacy of Jimmie Heuga tells how a world class athlete conquered his fear of living with MS by pioneering a philosophy of care focused on exercise and nutrition. Today, Jimmie's methodology of treating the whole person is widely used by MS care experts around the country.

This film is Mike's personal dedication to the man who taught him, by example, that each of us can make a difference. Mike believes this inspirational story will help motivate people living with a chronic disease like MS to do what Jimmie did, to "take the cards you have been dealt, and make the most of your situation".

Mike challenges every person to pick a fight, and be inspired by Jimmie's philosophy of realizing the power of what you 'Can Do'.



Jimmie Heuga (1943 – 2010)

Film Credits

Executive Producers

The Roy A. Hunt Foundation, Tod and Mary Caroline Hunt
 David H. Koch Charitable Foundation
 Jimmie Heuga Center Endowment
 Jeanne Andlinger
 Kenny Fields

Produced by

Montezuma Basin Productions & West Post Digital
 Director: Mike Marolt
 Producers: Mike Marolt, Jennifer Macfarlane, Kenny Fields
 Editor: Jennifer Macfarlane
 Writers: Mike Marolt, Jennifer Macfarlane
 Story Editor: Josh Jordan
 Director of Photography: Mike Marolt
 Post Production Services provided by: West Post Digital
 Colorist: Matt Lear
 Audio Mixers: Aaron Scott, Dave Crocco
 Music: Richard Horowitz & DL Music Library
 Promotional Art Work: KissaneViola Design

Archival Photos and Video provided by

The Gerald R. Ford Library
 Warren Miller Productions
 HBO
 NBC
 National MS Society
 Barbara Sullivan Roehrig
 Debbie Dana Heuga
 Kelly Heuga-Hamill
 Can Do MS
 University of Colorado

Fund Raising, Marketing

Richard Neustedter

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All of the dedicated Program Consultants who have given time and talent to create and support the CAN DO® Programs

Jean-Claude Killy
 Nicholas B. Paumgarten
 Joanne Posner-Mayer P.T. - Fitball USA Founder / Can Do Multiple Sclerosis™ Program Consultant

Far West Ski Association, in recognition of the annual Jimmie Heuga Award recipients, 1987 - 2011:

James Stacey	Mike Wellman
Steve Kanaly	Billy Kidd
Douglas Pringle/Lynne Haile	Gordon Cardona
Steve Kanaly	Chris Klug
Sallie Pritchard	Ben Velasquez
Hal O'Leary	Muffy Davis
Tahoe Handicapped Ski School	Sigrid Noack
Kelle Malkewitz	Larry Chadwick
Sara Tully	Tom Pierce
Jim Ortiz	Outdoors for All Foundation
Rick VanAken	Linda Whittle
Candace Cable	Dianna DiGiandomenico
Norm Cox	